



Paradiddle Groove

This exercise explores the idea of using a single paradiddle in a groove context. What's nice about this pattern is how the hand pattern is shared out between the hi-hat and ride cymbal.

The first half of each exercise is the same with variations in voicings in the second half.

As far as tempo is concerned you, want to aim for about 100 BPM + for it to really swing along.

Try joining up the patterns, maybe playing one bar of each in sequence with no gaps.

1.

Ride
Hi-hat
Snare
Bass Drum

4

2.

R L R R L R L L R L R R L R L L

4

3.

Floor Tom
1st Tom

4

4.

2nd Tom

4